



GOAL SETTING FOR CHAMPIONS QUESTIONNAIRE

Have you set any goals for your racing career? Yes No

If you answered yes:

What is the top level of racing you hope to achieve? _____

What are some of your other goals (this could be # of wins this season, awards, championships, winner of a specific race, etc.) : _____

If you have set goals, what is one you are working on this year and what steps are you taking to achieve it? _____

Do you have a tracking system? Yes No If yes, what is it? _____

Sometimes achieving a goal can be a long, grueling process. Here are some of the attributes needed to be successful. Please check those you believe you have:

- Persistent- don't give up until you reach the goal.
- Consistent- willing to do the needed activities daily even if they get boring or hard
- Flexible- willing to change a plan if one door shuts. You must be open to another way that will get you to your ultimate goal.
- Willingness to sacrifice- sometimes you must put aside the fun things to work on your goal
- Focus- ability to concentrate on the end goal, not getting distracted by the unexpected events along the way

Parents: Do you have a budget for your son or daughter's:

Racing season this year? Yes No

Reaching the next level in racing? Yes No

Achieving their top goal in racing? Yes No

Parents: Your money will only go so far, so what plans do you have for getting sponsors who will cover the rest? _____

Choose one. You think of racing as a:

Hobby

Business/Job