



PERFORMANCE VS. RESULTS QUESTIONNAIRE

Which is more important to you?

- Performance
- Results

Why? _____

Check the one you agree with most:

- Driving ability is most important in determining my success.
- A positive mindset is most important in determining my success.
- Both are necessary for success.

When a negative thing happens to you (for example, you are in the chase for the lead and another racer spins you out), how do you respond?

- You do your best to catch up with that driver and spin him out.
- You get really angry and let that anger control you rather than focusing on your driving.
- You figure there's no chance you can get back to the front, so you give up.
- You understand that in racing bad things will often happen, so you try to learn from it and don't let your emotions get the best of you.
- Other: _____

How do other race car drivers see you?

- The Ice Man: always calm and cool in pressure situations
- The Hot Head: always reacts based on emotions
- Somewhere in between the two listed above

Which best describes your philosophy of racing?

- I have one style of driving and I use it on every track. The more I practice it, the better I will be.
- I know that every track (and car) is different so my #1 goal is to listen to my car, pay attention to the track and be willing to take advice from my team & learn from their experience.

Good drivers are always thinking about what they can do to prepare them to move up to the next level in racing. What are some specific things YOU can you do while at the track to help get you ready to advance? _____
