



WHAT DO YOU THINK QUESTIONNAIRE

When someone criticizes you, how do you respond?

- You believe what they said is true and beat yourself up about it.
- You consider what they said. If you find it to be truthful, you use it to improve yourself. If you believe it is not truthful (maybe said out of spite or just wanting to cause you to doubt yourself), you toss it aside and don't let it get to you.
- Other: _____

Letting your emotions control you is a common thing in racing and there's nothing wrong with it. True False

The words that come out of your mouth register in your brain. When you talk about yourself (or to yourself), is it generally more:

- Positive Negative

For parents: Be honest, please. Are you setting a good example for your child in the way you:

- Coach him/her
- React to setbacks
- Interact with others at the track
- Talk about other drivers

Potential sponsors often hang out at the track or are there for the race. What are some things you believe they are looking for in a driver they would want to sponsor? _____

There is a quote that says: "A failure to plan is a plan to fail." How do you think that applies to racing? _____